

Curtis Fedorchuk D.C.

"Better Health; By Design"



"My main goal is to help people reach a new improved level of living of living through the chiropractic lifestyle. I continually strive to better my clinical skills and knowledge for the benefit of my patients. I have published research, post grad certifications and I have received national recognition and awards for my efforts from my peers. I have spoken to thousands of people on health and wellness and my desire to educate the public has lead me to produce a health information booklet that now has thousands in circulation in North America since its release in the spring of 2005. I am blessed with a supportive wife, beautiful son, and loving friends and family. My love and desire for the betterment of the health and spirit of people in this country are my driving force in life."

Dr. Curtis

Education

- 1996-1998: Pre-Chiropractic: University of Winnipeg
- 1998-2002- Doctor of Chiropractic: Life University, Marietta, Ga
- 2003 —Certified For Impairment Evaluation: Logan College St. Louis, MO
- 2006—Fellowship in Health Outcomes Research
- 2006—NIH Research Teams Course
- 2006—CBP Certification: Chiropractic Bio Physics

Professional Experience

- 1999-2002 - Editor-in-Chief: Life University School Publication, Marietta, Georgia
- 2003-2006 - Founder: No Sweets Week International,
- 2005—Examiner : Intra Examiner Reliability Study SEMG/ Thermography, www.jvsr.com
- 2006—International Research and Philosophy Conference. Sherman College of Straight Chiropractic. Spartanburg, SC. November 3-5, 2006.
- 2006—Peer Reviewer: Journal Vertebral Subluxation Research
- 2008—Board of Directors: International Spinal Health Institute
- 2008—Editorial Board: Pediatric, Maternal, Family Health, Chiropractic
- 2005-Present: Numerous research projects and case studies on going.

Honors

- 2002 - Service Award: Lumpkin County Board of Education
- 2004 - Chiropractor of the Month: Chiropractic Leadership Alliance: Mahwah, New Jersey
- 2006—Speaker: Palmer College Home Coming: Miracles of Chiropractic, Davenport, Ia
- 2008—Gold Coast, Australia, ICA Council on Pediatrics Research; Case Presentation
- 2008—Four Case Presentations IRAPS, 2008.
- 2008—IRAPS: Honorable Mention Award for Research 2008
- 2009—Research Featured on On Purpose: CLA Audio, Jan 09'
- 2009—Chiropractor of the Month: CLA, June 2009
- 2009—Given status; "Alien of Extraordinary Ability" by USCIS

Service

- 2002-2003—Lumpkin County Mental Health
- 2002-2006 -Special Olympics: Athlete Physicals
- 2004-Tour De Georgia: Rider Exams for Jittery Joe's Professional Cycling Team
- 2003-2006—Lumpkin Middle School Football: Team Chiropractor
- 2005-2006- Lumpkin High School Basketball: Team Chiropractor
- 2006-2007—Lumpkin High school Wrestling: Team Chiropractor
- 2007 Team Chiropractor: Reality Bikes, Cumming, Ga
- 2007 North Forsyth Wrestling Team Chiropractor
- 2002-Present: Numerous guest speaking appearances: businesses, churches, and schools.

Practice

- 2002-2009—Dahlonega, Ga
- Current: Cumming, Ga—770-573-2777

PRESS RELEASE

For Immediate Release

Contact: Jessica 770-573-2777

Local Chiropractor to Present Pediatric Research in Australia

Focused on Childhood Ear Infections and Asthma



Dr. Fedorchuk and his son, Cole.

Local Cumming chiropractor Dr. Curtis Fedorchuk has been selected to present his clinical work at the International Chiropractors Association Council on Chiropractic Pediatrics in Gold Coast, Queensland, Australia, April 18-20, 2008.

"I am honored to have been selected," said Dr. Fedorchuk. "This is the profession's first research symposium in Australia and it is very exciting to be able to present my work to these nationally recognized organizations from the Australian Spinal Research Foundation to the New Zealand Chiropractic Association." The program also includes distinguished speakers from the USA, Australia, New Zealand and England with various expertise and skills.

"Specifically I will be talking about my published work on improper biomechanics of the cervical spine in children and how that can predispose them to certain, and very common childhood conditions," said Dr. Fedorchuk. "My focus will be on ear infections, and asthma in children and the successes I've had with those conditions in my clinical practice."

For Dr. Fedorchuk it is a once in a lifetime opportunity to experience a unique program taught by experts in the field. They will share their knowledge and experience with others so the care they provide to children is more effective, always safe and always appropriate.

Evidence based medicine (EBM) is in its infancy in pediatric care. For example on April 10th of 2001 an article published in the Medical Post, showed that 85-90% of medications given for children, are not approved for children. "Being a parent myself, knowing this can be a little unsettling," said Dr. Fedorchuk. Today EBM is the expectation rather than the exception in pediatric practice of any discipline...medical alternative or chiropractic. "To keep up with this trend, it is important for chiropractic as a profession to foster, promote and evaluate research, which will help doctors to better serve their pediatric patients." It is because of this reason Dr. Fedorchuk is publishing most of his findings. Papers for presentation were selected with the goal of creating a baseline of current and recent research and to identify critical new research into conservative pediatric care. "This is one of the reasons I believe I was selected," said Dr. Fedorchuk. "To my knowledge, this is the first paper we will see that utilizes both CBP technique and Surface EMG in the outcomes."

Dr. Fedorchuk is one of ten certified CBP (*Clinical Biomechanics of Posture*®) practitioners in the state of Georgia. This technique has the most published chiropractic research in the Index Medicus literature to date. He also has Post Graduate training in health outcomes assessment and is a Clinical Investigator for Research and Clinical Science (RCS) - a private sector research company that conducts health outcomes studies. He also has published research in peer review journals, and has collaborated in clinical investigations with institutions such as Life University and Florida Atlantic University. He has also cooperated on Research and Development projects for the Chiropractic Leadership Alliance. He currently maintains practice in Cumming, Ga where he sees patients from 1 day old to 92. He can be reached for questions or comments at 770-573-2777.

Lake Oswego

 **Review**

GUEST OPINION

Thanks to NASA, Georgia chiropractor aids asthmatic girl

BY JUDITH E. ALLAN

, Apr 24, 2008

Dr. Curtis Fedorchuk, a chiropractor from Dahlonaga, Ga., armed with technology that has been used by NASA, has made remarkable inroads in the battle against asthma. Fedorchuk's research was recently published in "The Journal of Vertebral Subluxation Research" and detailed the wonderful transformation of his star patient – a seven year-old girl who had suffered from severe asthma and chronic cough for almost her entire life.

Before encountering Dr. Fedorchuk, this little girl was using multiple oral medications and inhalers that totaled 24 inhalations per day – yet her symptoms persisted. Her parents were not only shouldering the financial burden of their daughter's care, but the hours of lost sleep caused by asthma attacks impacted the entire family. Concerned about the volume of medications that their daughter was consuming, the parents sought help from Dr. Fedorchuk.

Following an examination using the Insight Discovery Subluxation Station (the diagnostic tool that has not only benefited the space program, but has been used by chiropractors treating Super Bowl champions and Olympic gold medalists), the young girl began receiving chiropractic adjustments.

By nightfall after her first adjustment, the little girl's coughing ceased. Over the next three weeks (while visiting Dr. Fedorchuk for adjustments two to three times per week), the little girl's mom reported no attacks, an increase in activity levels and a decrease in the need to use an inhaler. After four weeks, she was no longer using the inhalers. Her teachers noticed the change in the child's demeanor, while swimming and running became part of her everyday life.

Subsequent tests showed an increase in lung capacity and the girl's visits to the chiropractor became less frequent. Within 10 months from the onset of care, Dr. Fedorchuk's young patient was no longer using any medications – only carrying Albuterol in the event of an emergency.

Childhood asthma is prevalent in the United States with nine million people under the age of 18 suffering from this debilitating lung ailment, four times as many as 20 years ago. For some, this leads to a lifetime of suffering or, for those less fortunate, death. There are approximately 5,000 deaths annually in the U.S. that are linked to asthma.

After reading about Dr. Fedorchuk's research, I wanted to do more for those in my community who fight respiratory ailments.

The use of technology identifies areas of disturbance in the nervous system that could be caused by stress, trauma or toxins. Asthmatics have more frequent incidents of misalignment of the upper and lower thoracic region, which is the area of the shoulders and below. That condition can lead to dysponesis – best described as a short circuit effect between the brain and muscles – which in turn causes abnormal tonic muscle activity. Shoulder tension triggers a decrease in lung volume, which increases the likelihood of respiratory ailments. The patient simply has less air to breathe. Since dysponesis can lead to asthma, we can now help prevent or manage the disease by treating its underlying cause.

Today's medical treatment of asthma remains largely pharmacological.

Despite the increase in prescription drug usage, the prevalence of asthma increased 75 percent from 1980 to 1994. Direct health care costs for asthma-related illnesses in the U.S. amount to more than \$11.5

billion annually – with over \$5 billion of that figure being directed towards prescription drugs.

Aside from the obvious physical benefits this little girl derived from her chiropractic adjustments, one can't dismiss the financial ramifications during this time of economic woe. Her need for medication decreased along with her medical bills.

With all that in mind, you might say that chiropractic care for asthmatics is a breath of fresh air.

Judith E. Allan is a chiropractor in Lake Oswego at Oregon Natural Health Clinic. Visit the clinic's Web page at dwp.bigplanet.com

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New research journal in chiropractic announced

March 11, 2009 — Chiropractic is gaining greater acceptance on a daily basis in part because of the increasing amount of research demonstrating its effectiveness and safety. One particularly rich area involves the care of children, expectant mothers, and family health and wellness. In order to help facilitate the dissemination of this research, the Journal of Pediatric, Maternal & Family Health – Chiropractic (JPMFH) was launched.

According to Matthew McCoy DC, MPH, editor of the journal, “More and more families are choosing chiropractic for a good portion of their healthcare needs because of its effectiveness and safety. People want to avoid costly and unnecessary drugs and aggressive interventions when they can, so they are seeking alternatives like chiropractic.”

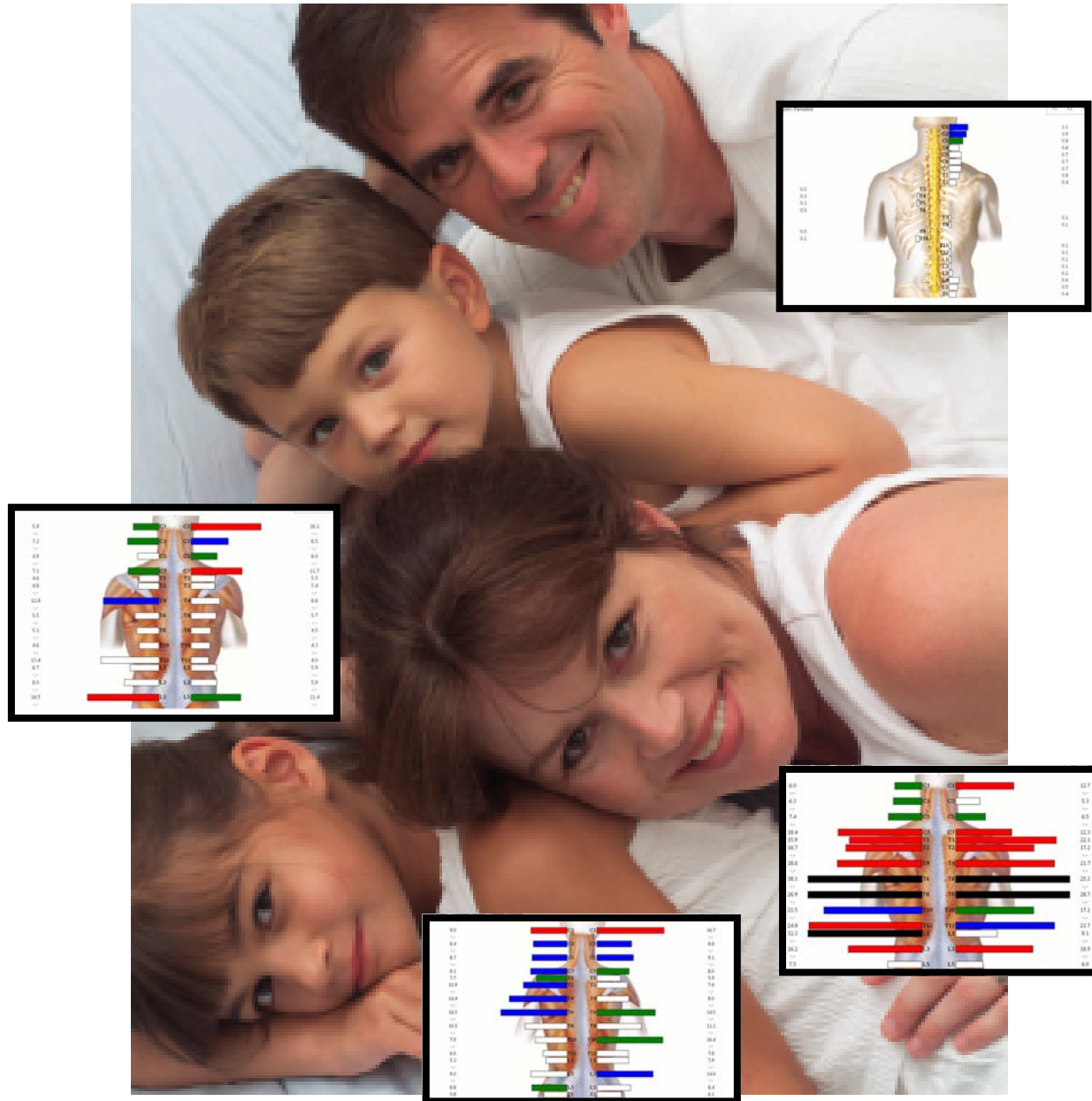
Recent research supported by the International Chiropractic Pediatric Association (ICPA) has shown that not only is chiropractic extremely safe for children but that it is also very effective. In the study, which involved more than 10,000 pediatric visits to chiropractors, 66 percent reported improvements in their presenting complaints and another 8 percent reported improvements unrelated to their presenting complaints.

With more research being produced the need arises to support the infrastructure that comes along with it and one of those needs involves publication of research findings. The Journal of Pediatric, Maternal & Family Health – Chiropractic is expected to help provide a venue for this very important research.

The Editorial Board is made up of Stephen C. Marini DC, PhD; Barbara Loe Fisher; Christopher Kent DC, JD; Martin Harvey BSc, MChiro, MACC; Joel Alcantara; Linda Mullin DC, CACCP, FICPA; Liz Anderson-Peacock B.Sc, DC, DICCP; Martin Rosen DC; **Curtis Fedorchuk DC**; and Drew Rubin BS, DC, CCSP, DACCP.

Source: PR.com, www.pr.com

Stress-Free or Stressed-Out?



Only an Insight-Scan can
tell for sure.
Scans now available



The *only* technology of its kind
Certified by the Space Foundation
(Space Foundation is co-founded
by NASA)



"A car accident and twenty years of heavy lifting took a toll on my neck and back. As the years went by it got worse and worse to the point that it was difficult going up steps, standing up straight and holding up my head. Several doctors I went to put me on pain relievers and muscle relaxers. Doctor visits for my neck only gave relief for a day or two. I had lower back surgery where they took out a ruptured disc and fused it together with two bone screws and a piece off of my hip. After that I still had problems and was told I would suffer from scar tissue which would cause hip and leg pain for the rest of my life.

My wife saw an ad in the newspaper about the DTS treatment. Being in persistent pain I was willing to try anything. I made an appointment with Dr. Curtis and was evaluated, and the computerized test showed there was a lot of stress on my neck, shoulders, and back.

After the first DTS treatment I was 95% pain free, especially in the hips and legs. Lifting, squatting and bending no longer cause pain and discomfort. I am able to run up steps. Now I can stand up straight and hold my head. Even my disposition has changed!"

Sincerely,

Lamar Heaton /2005 (Printed With Permission)

“Fourteen Year Old Boy With 18 Months of Back Pain” Cost: \$10000 worth of Injections, CT scans, pain pills, and numerous visits the “specialists” before coming to our office.

(Copied exactly from hand written letter)

“Dear Dr. Curtis, thank you for everything you have done for me, if it was not for you I would be in so much pain and my parents wouldn't know what to do to help me, because they tried everything to find out what was wrong with my back, and never could find out what was the problem. Also you have been a great friend to me and my family. Before when I was in school, couldn't get good grades because I was in so much pain and could not focus in class.

Most importantly you are like a hero to me, because nobody believed me, because doctors could not find out what was wrong, so I lost some of my friends, because they thought I was just a faker and a liar, but you didn't.

“Now you have inspired me” to become a chiropractor when I get older, because I believe that if it was not for chiropractic I wouldn't be the person that I am today, so thank you for everything again, and I think you will be a great Parent when Cole gets older.

Your friend always: Tyler S.

Hearing Again

To the editor; (The Dahlonega Nugget)

I, Virginia White, from Vicksburg, Miss came on vacation to Dahlonega for two weeks to visit my family. I had a stroke four years ago in my left ear, and with an MRI test I was told I would never regain my hearing in that ear.

While I was in Dahlonega, I found out about a place called Dahlonega Chiropractic Life Center. There I met Dr. Curtis Fedorchuk. Dr. Curtis agreed to take me as one of his patients to start my adjustments.

After only four treatments, which were three in the first week and one in the second week, I was in the garden one day and to my surprise I was able to hear a mosquito buzz by my left ear!

Thanks to Dr. Curtis, that tell me I have regained most of my hearing. Special thanks to Dr. Curtis along with their wonderful staff and their utmost concern for their patients.

Thanks, Virginia White, hearing again.

8 Years Of Fibromyalgia

Dr. Curtis,

I just wanted to thank you for everything. I can't believe I have suffered through 8 years of medicine and painful treatment and doctor visits too numerous to count. I wish I had moved here and you found me years ago. I will soon be COMPLETELY off the anti-inflammatory medication. I already feel so much better knowing I'm not on the pain medication any more. The long term side effects were frightening.

Thank you so much for your kind and considerate care of my Dad,. He always comes away from your office with his spirits lifted. He is amazed by the positive energy that exudes from your presence. You cannot imagine the effect you have had on him, body and spirit.

Many Blessings,

Cindy Drake

Weight Loss, acid reflux, migraines

Dr. Curtis Helped When Nothing Else Did

To the editor,

In July this year, on the recommendation of my daughter in law, I made an appointment at the center in the hopes of, after 20 years of medicines, 13 operations, migraines, indigestion, heartburn, acid reflux, back knee, and foot pain, and being about 75 pounds over weight, that nothing else has helped so maybe, they could. They gave me an appointment with Dr. Curtis Fedorchuk, who on his own time, and with my permission, got my previous x-rays and medical problems, which I might say, my own cancer doctor didn't even do.

He has given me many treatments and adjustments and has spent many hours counseling me on nutrition giving me tapes and literatures on vitamins, minerals and a better way of eating and exercising.

In six months my aches and pains have been cut in half. I have no heartburn, indigestion or acid reflux and I have lost 30 pounds with little effort and no dieting.

To add a little humor to the end of this letter, in all fairness to Dr. Curtis, I must say the one thing he has not convinced me of is to give up my occasional dip of snuff. Thank you, Dr Curtis and Merry Christmas.

Sincerely,

BR Bricker

Fatigue and Digestion

When I first came to Dr. Curtis, I was suffering from fatigue and problems associated with the spinal column, such that each day was misery to awake and rise from bed. By following chiropractic care and participating in a simple blood test (ALCAT) for food sensitivities, I have regained my life.

~ Rose Rojas

Hip Pain

I have found a great improvement in my hip pain with the Foot Levelers. I cannot believe they worked so quickly. And, I would not hesitate to recommend these to anyone who needs them.

~ Helen Pearson

Headaches

In February 1957, my husband, his sister, her husband, and I were heading home in a pickup truck. As we were waiting to make a left turn, a car came flying up and hit us in the rear. We had an old car motor in the back. The impact made him go into the ditch, but he drove right out, and took off. At the impact, my head hit the dash. I was four months pregnant. That's when my headaches started.

Over the next few years I continued to have severe headaches. I had three children and several operations during this time. I went to many different doctors for my pain. I took medication after medication. It was so bad I had to get a shot for pain at least once a month.

In late 1972 my doctor cut the nerve in my right temple. Still headaches. Early in 1973 he cut the nerve on the left side. This one was done without me being put to sleep. After the doctor cut the nerve, he dropped on end of the nerve. I felt the blood running down my neck. After he finished, he asked if I got scared. I told him "yes". He said, "When?" I said, "When you quit whistling". Still having headaches.

In July 1973, I was admitted to the hospital for the headaches. While in there, he cut both sides again. No different. I spent five weeks in the hospital. My husband got the doctor to send me to a neurologist. After talking to him, I didn't feel like he would help me, so we went home.

I called the office where I worked in Warner Robins, and talked to one of the men there. He wanted me to go to his Chiropractor. So, I got the number. I called and made an appointment for Monday. This was Friday. After x-rays and tests, he sent us home. I had to be back in a couple of days. After one adjustment, my head was lots better. After about three, it was gone. I went to him three times a week for five or six weeks. I continued once a week until November 1976, when I retired. It was too far to go back to see him.

After sixteen years of headaches, my pain was gone.

I felt like God sent me to the Chiropractor. So, I thank God and good Chiropractors who believe in complete wellness.

I live in Cumming, Georgia now. I'm going to Doctor Curtis at present. Not necessarily for headaches (although I've had one a lot in the last few years), but for an abnormal position of my spine.

I have been going since the end of April. I am seventy years old, and now I can truly say, "I feel great". Thanks to God and good Chiropractors.

~ Avoline Bloodworth

Sleep

Dr. Curtis,
Thank you. The adjustment yesterday worked. I didn't have pain last night and I slept great. Take good care of Earl today. Have a great day and thanks everything.

~ Lynn M.

Hospital Stay

Dr. Curtis, I'm happy to report that we are home and doing well. You will never know how much we appreciate your care and concern. It was Dahlonega's lucky day when you came to town. You are a special friend to us and we will always remember your kindness. George and Peggy

ALS: Lou Gehrig's Disease

Dr. Curtis

I have been enjoying the benefits of chiropractics for several years. As you know, I was diagnosed with ALS in March 2003. The disease has progressed to the point that I can barely move my arms and legs. I have no use of my hands or movement of my feet and toes. I am totally dependent on the other people's help except for my use of the computer. I have had to use a power chair for approximately three years for mobility. Also I use a BiPap machine for roughly twenty-three hours a day to assist my breathing. Through all of the changes I've experienced the use of chiropractics has been a source of continued flexibility, pain relief, and to a certain extent, very helpful in maintain my respiration at a comfortable level.

I have been on hospice care for over two years from which one of the benefits I received is range of motion exercises. I also use a massage chair which I was able to purchase with help of your office, Dr Curtis. Add to this the care I receive at your office, the much needed adjustments coupled with the use of the other equipment, and I have a physical quality of life that is outstanding! I must also add that the friendships I have with you and the other members of the clinic are also very important to me. I know you have my best interest at heart.

I truly believe that my life has been extended by the grace of my Lord and the physical benefits I've receive at the clinic. Because we have kept my body in alignment it give it the chance to function at its most optimum level despite this devastating disease.

Thank you,
Frank C.

Debilitating Back Pain for Three Years

I have lived with debilitating neck and low back pain for 3 years. This pain has caused problems in sleeping (legs, knees, and hips aching). At times the pain would make daily chores torture. I came to Dr Curtis and was absolutely astounded and what he does to relieve pain. I was also very inserted when he explain how my pain and achiness was accused by or because of my body being out of alignment. Do yourself, you mind, and especially your skeletal system a great favor, and decide to give yourself a chance to enjoy life again with no pain.

There is an alternative to constant MD appointments, changing from one prescription to another (trying to discover what works for your without unwanted side effects). The need is not to have a pill for each and every part of your body where you have an ache or pain. Pills only treat the symptom but not the cause. Don't get me wrong, modern medicine has a place in our overall well being, but our total good health will result when (and usually only when) we restore our bones, muscle and sinew to the place position they are meant to be.

Dr. Curtis is an expert in Chiropractic and can help you attain the pain free body you long for. If pain is your problem today and seems to rule your life, make a decision—take your life back. 6/14/04

Doris U

Muscular Dystrophy, High Blood Pressure

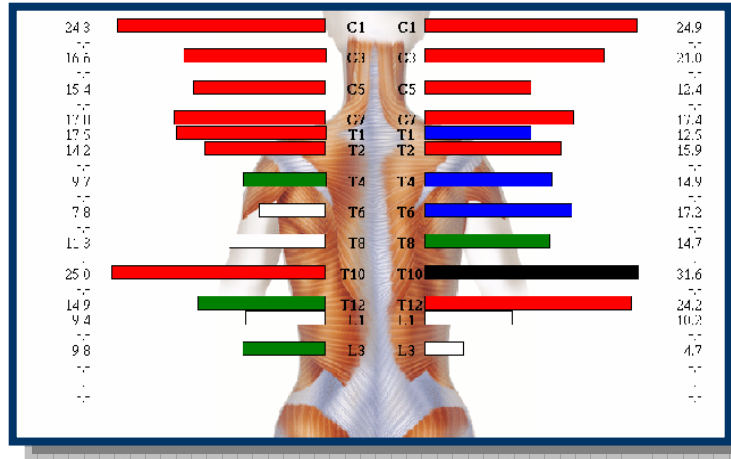
I was thinking of how things happened to me and led me to you. I was diagnosed years ago with Muscular Dystrophy. I had a terrible fall with a compression fracture in my spine and other painful injuries. I was given by my medical doctor—only pain pills. My good friend Rhetta Brown became very concerned and made an apt with you and practically carried me into your office along with her husband, Bill. I screamed at every movement. You picked me up and with Rhett's help put me on our exam table. Still screaming! I feel blessed, I feel because of the fall I would not have come and my Muscular Dystrophy would just too more and more of my physical health. I have become a new person with each visit and your care. And can hardly remember all the pain and screaming of the first few visits. Each visit I become better and now I use NO cane and walk up stairs as before I had to use the handicap ramps. My whole appearance is so great my friends are shocked what they see me. At the Chinese restaurant yesterday Sophie, the owner, said loud. You are limber now, what happened? Well when other people like my drug store etc notice — A new "Sibyl". It shows what you've done for me. I honestly believe if years ago I had such treatments my muscular dystrophy would not have left me I was before you came into my life. I am living proof what you a chiropractic can do. My total focus is now directed to how my body needs not pills, etc but chiropractic care and good nutrition including the right vitamin. I now look forward to each day of my life. Not as before as a disabled person. I'm so thankful Rhetta and Bill are in my life and you most of all, Dr. Curtis.

Sincerely Grateful—Always,

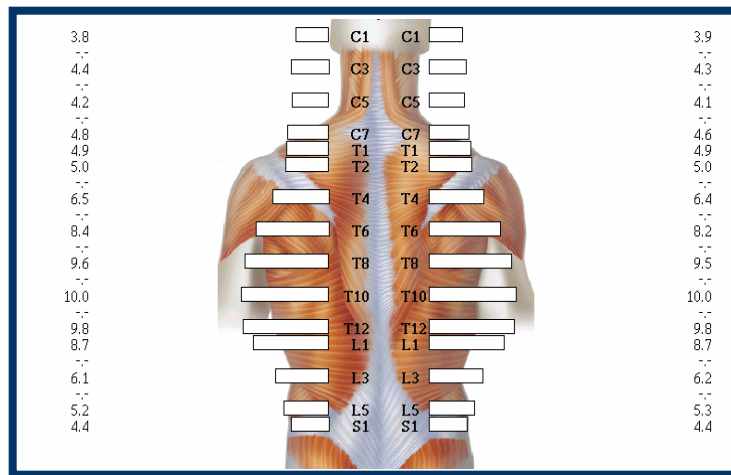
Love Sibyl

Oh by the way—I'm off of all blood pressure medication. I'd been on for 15 years! All due to chiropractic care.

IS YOUR BACK REALLY RELAXED?



UNHEALTHY



Healthy

**Let Our Technology That Has Been Used By
NASA Find Out**



This painless test can measure the amount of stress on a person's spine and nervous system in minutes.

Curtis Fedorchuk D.C.
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